

BISHOP'S  
STORTFORD



# Breathe Easy Group



Thursdays throughout

## 2019

- Where:** Meets at East Herts Council Offices, Rooms A+B, Charrington's House, Bishop's Stortford
- When:** Thursdays 2–4pm
- Who is it for?** For anyone who is living with a lung condition and would like to meet and support each other
- What happens?** A health talk, refreshments and a health professional attends to provide support
- Future Meetings:** 17 January, 21 February, 21 March, 18 April, 16 May, 20 June, 18 July, 15 August, 19 September, 17 October, 21 November, 12 December
- Contact:** Simon Barfoot  
01992 531471  
Email: [simon.barfoot@eastherts.gov.uk](mailto:simon.barfoot@eastherts.gov.uk)