

# East Herts Dementia Friendly Action Group activities during Dementia Action Week

## 20<sup>th</sup> May – 26<sup>th</sup> May 2019

	Time	Venue	Activity	Contact details
<b>Monday 20<sup>th</sup> May</b>				
1.	10:30a.m – 12:30p.m	Wallfields	Dementia Friends Session	Mekhola Ray <a href="mailto:Mekhola.ray@eastherts.gov.uk">Mekhola.ray@eastherts.gov.uk</a>
2.	10.30am	All Sorts Dementia Club - Ware	Regular and joined by Ware Rythm Band for the afternoon	Kelly Felton <a href="mailto:allsortsdg@gmail.com">allsortsdg@gmail.com</a>
3.	Morning	Jackson Square Library	Staff will be signing up as dementia friends through digital sign up	Jackson Square Library
<b>Tuesday 21<sup>st</sup> May</b>				
4.	9AM until 1.30pm	Sainsbury's Thorley	information stand	Frances Robinson and Jo Bastick <a href="mailto:jo.bastick@homeinsteadeastherts.co.uk">jo.bastick@homeinsteadeastherts.co.uk</a>
5.	10am	Hertswise Dementia hub, All saints church, Hertford SG13 8AY	Millmead Primary School will be joining us for this session	<a href="mailto:team.leadereast@HERTSWISE.ORG.UK">team.leadereast@HERTSWISE.ORG.UK</a>
6.	10am - 4pm	Jackson Square (main Jackson Square area)	Joining Stortford One radio station along with CST TODAY, Herts Musical memories, Alzheimer society to	Debbie Baker CST.Today <a href="mailto:Debbie.baker@cst.today">Debbie.baker@cst.today</a>

			promote the group, giving out leaflets and being on hand to answer any questions regarding their activity group or dementia friends.	
7.	10am	Seth Ward Community Centre Buntingford	My Time	Janice Pettit on 07825184930
8.	2pm	Baptist church, Tywford Rd BS	Herts Musical Memories	
9.	2:30 – 4:30p.m.	Snowdrop House at Snowdrop House, Baldock Street, Ware, SG12 9DT -	information on caring for a loved one with Dementia and Living well with dementia  All sorts group is joining to answer questions	Jacqueline Bartlett, Alzheimer's Society Office: 01707 378365 Mobile: 07725215323  Sharon : 01920897597 01920 897599 or email <a href="mailto:sharon.butler@careuk">sharon.butler@careuk</a> .
10.	Evening		Rock against Dementia Wares 5 <sup>th</sup> Brownies - the Ware's 5 <sup>th</sup> brownies will be coming in to sing and entertain residents in the home	Sharon : 01920897597 01920 897599 or email <a href="mailto:sharon.butler@careuk">sharon.butler@careuk</a>  Tel: 01920 452360 Mob. 07435750377

## Wednesday 22<sup>nd</sup> May

11.	9.30am	Hailey centre Sawbridgeworth CM21 9AN	Hertswise Dementia Hub - Wareside primary school will be joining us for this session	<a href="mailto:team.leadereast@HERTSWISE.ORG.UK">team.leadereast@HERTSWISE.ORG.UK</a>
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12.	10am		Music for movement	<a href="mailto:hannah.imaginations@yahoo.com">hannah.imaginations@yahoo.com</a>
13.	10am	hub church Portland road	CST Today	Debbie 07904 198309
14.	10am	Apton Rd centre	Elderberries group "An artist led creative Art Workshop to create a collective piece of art and then to auction it for the benefit of the Elderberries group. "	01279 504748
15.	12:30p.m – 2:00p.m	Wallfields	Launch of Staff Carers Peer Support group	Mekhola Ray <a href="mailto:Mekhola.ray@eastherts.gov.uk">Mekhola.ray@eastherts.gov.uk</a>
16.	12.30pm – 3:00p.m	In the cafe area H & E hospital	Playlist for Life music therapy plus dementia friends	<a href="mailto:claire.uwins@mac.com">claire.uwins@mac.com</a>
17.	1.30p.m.	Hertford Theatre	DF screening The Dam busters (free coffee @1pm)	Hertford Theatre

### Thursday 23<sup>rd</sup> May

18.	10am	Bishop's House, BS CM23 2NF	Hertswise dementia hub	<a href="mailto:team.leadereast@HERTSWISE.ORG.UK">team.leadereast@HERTSWISE.ORG.UK</a>
19.	11:30:	Conewood Manor Nursing and Residential Care Home, Bishop's Stortford.	Garden Party with a group of nursery children. Balloon modelist and traditional Party games.	Alex Macfarlane: <a href="mailto:alex.mac@bestcarehomes.co.uk">alex.mac@bestcarehomes.co.uk</a>
20.	10.30am	Ware	All Sorts Dementia Club	
21.	6.30	Beane River View	Dementia Friends	<a href="mailto:BeaneManager@quantumcare.co.uk">BeaneManager@quantumcare.co.uk</a>

			Information Session	
22.		Having a stand at Asda , Ware	Raising awareness.	Frances Robinson and Jo Bastick <a href="mailto:jo.bastick@homeinsteadeastherts.co.uk">jo.bastick@homeinsteadeastherts.co.uk</a>
23	All day	Ware Art Centre	Giving out information to everyone about how to become a dementia friend.	<a href="mailto:allsortsdg@gmail.com">allsortsdg@gmail.com</a>
24.	3:00 – 4:00 p.m.	Layston Grove	Singing for the Brain	Layston@oakdalecaregroup.com
<b>Friday 24<sup>th</sup> May</b>				
25.	2pm	Buntingford SG9 9SU	Hertswise Dementia Hub	
26.	2.30pm - 4.30pm		Reminisce day with 1960's party - Staff and the home will be dressing up like the 1960's. The community is welcome to come into the home for an afternoon of fun with staff and the home dressed up remembering the 1960's with music, entertainment and party games	To book your free place call on 01920 897599 or email <a href="mailto:sharon.butler@careuk">sharon.butler@careuk</a> .
27.	2-5pm, Contact Details:	Newgrange Residential Care Home, Cheshunt	Flower Power Party. Residents will be planting their own flower seeds during the event. Opera Singer performing and BBQ for Residents and visitors	Alex Macfarlane: <a href="mailto:alex.mac@bestcarehomes.co.uk">alex.mac@bestcarehomes.co.uk</a>

A number of Colleagues represented at East Herts Dementia Friendly Action group from a variety of organisations are also involved in other activities. Some of the organisations are joining other organisations' activities to show support for each other. Other activities are:

➤ **Home Instead:**

- Jo Bastick is holding a stall at Friendship House, Hatfield on Monday 20<sup>th</sup>
- Jo plans to teach Module 4,5,6 in one session On Wednesday 23<sup>rd</sup> May to complete some CAREGivers City & Guilds Dementia awareness training .

➤ **Herts wise:**

- is organising a Hertswise DAW party/ fete in Cheshunt on Thursday 23<sup>rd</sup>: East Herts Hertswise clients will be joining them
- holding a stall at Hatfield library Wednesday 22<sup>nd</sup>
- Having a stand at Lister Hospital Friday 24<sup>th</sup>
- Holding stall at Friendship House, Hatfield on Monday 20<sup>th</sup>

➤ **Snowdrop Care Homes:**

- Pre Dementia week the Care UK Ride 800 Challenge - 2<sup>nd</sup> May to the 17<sup>th</sup> May 2019

Three company directors within Care UK will spend 15 days cycling from The Potteries in Poole to Tor-Na-Dee in Aberdeen. Along the 800 mile journey, they will visit 26 of Care UK homes where team members and residents have been planning many fundraising events and decorating old bicycles to provide a traditional welcome for the intrepid riders. The underpinning goal of the Ride 800 challenge is to raise monies and funds for the three charities:

- Care Workers Charity
- Alzheimer's Society
- Alzheimer's Scotland

➤ **Waitrose staff awareness raising session and leaflet distribution:**

- Claire Uwins is delivering the information session and the Waitrose Partners have produced a leaflet and distributing them

➤ **East Herts Council:**

- Mekhola Ray is attending the Alzheimer's Society annual Conference in London
- **East Herts volunteers** Claire Uwins and Patricia Moore are involved in a number of initiatives during the action week in raising awareness in the district
- **Jackson Square Library** – displaying leaflets and information to raise awareness during the week
- **Jacqueline Bartlett** from Alzheimer's Society will be promoting the Alzheimer's Society EMDASS/Community Dementia Support during the week